

Who Needs WIC?

- **Pregnant** women. **Breastfeeding** Mommies. Women who have **just had a Baby** (up to 6 months postpartum). **Foster Parents**. **Children under the age of 5 years old**.

Why should you apply?

- If approved, **SAME DAY** benefits are available.
- Food is Expensive! WIC provides supplemental food.
- Not limited to one race/ethnicity. Available for everyone to apply!
- Understanding of how food is valued and used by our body (for pregnant mommies and children), and how food affects health and growth.
- Receive support, guidance, reassurance for breastfeeding.
- Milk helps teeth and bones grow healthy.
- Mommies breastfeeding after birth receive benefits to continue helping mommy and baby grow healthy.
- WIC helps provide appropriate food/nutrition for children.
- Ability to order food online that honors the WIC program.
- Information/support from the beginning of pregnancy all the way to childhood development.
- No more WIC Checks! WIC cards are sleek and can be swiped like a credit card.
- Online App for Phones to have access to available benefits cooking tips, WIC stores, and provide feedback!

"WIC is an Equal Opportunity Provider"



Want More Information?
Please call: 907-852-0410
Walk in: Wellness Center
WIC@NORTH-SLOPE.ORG

NSB WIC is reliable, trusted, and has beneficial services to provide **North Slope Borough Wide!**

The application process takes about 45 minutes.

- We'd need to have health measurements
 - Height and Weight
 - Hemoglobin levels are currently waived due to COVID.
- We will talk with you about your health
- We will review the application and supportive documentation.
- We will inform you if you are eligible