# Climate Change in **Atqasuk**, Alaska

Strategies for Community Health



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## Achieving wellness through awareness and adaptation



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**Climate change refers to change over time** either due to natural variability or as a result of human activity (IPCC, 2008). Today the term is mostly used to describe global changes caused by the burning of fossil fuels and the warming effect caused by the transfer of enormous quantities of carbon dioxide from the earth to the air. But climate change also has local implications and communities seek adaptive strategies that encourage wellness and sustainability. The North Slope of Alaska is characterized by permafrost and ice. The wildlife, vegetation and people have specially adapted to live in an environment that is mostly cold and frozen. But because of warming, the environment is rapidly changing and a new Arctic is emerging, characterized by thawing land, open water and a longer warm season. For residents of the North Slope this means new challenges in building and maintaining infrastructure, for providing local services, collecting food and water, and safely navigating the land and seascape. It also means new opportunities for subsistence, land use, transportation, commerce and development. Understanding local effects is the first step in finding a healthy course through the changes and challenges ahead.

This climate change health assessment project was initiated in 2013 by the North Slope Borough, Health Impact Assessment (HIA) program with a grant from the National Petroleum Reserve-Alaska and supplemental funding from the U.S. Environmental Protection Agency. The project is in collaboration with the Alaska Native Tribal Health Consortium (ANTHC),



Ice-filled underground cellar. Jake Bell, 2014.

Center for Climate and Health, and participating local governments. The first assessment was performed in Point Hope in 2009 with funding from the U.S. Indian Health Service. Under the current project, baseline information on climate change vulnerabilities was compiled for all of the communities in the North Slope Borough, but with a special focus on Atqasuk, Nuiqsut, Wainwright and Barrow. A project team was established to perform on-site visits and to coordinate with local and regional experts. The team included

and the states

This Climate Change Health Assessment was performed based on requests from tribal health representatives and from local and regional leadership. Information about local climate, environment, and health conditions was gathered with the help of local and regional government, universities, industry, and state and federal agencies.

Heather Dingman from North Slope Borough and Jake Bell and Mike Brubaker from ANTHC. Site visits were performed in Atqasuk in June 2013 and in April 2014. The onsite survey and report preparation was based on guidance from the village council, city council, and the project team. Information sources include observations provided by local residents, reports from government agencies, and scientific findings gathered from published sources.

Understanding local impact of climate change is important for assessing negative and positive effects, and developing appropriate adaptation strategies. In Atqasuk, residents report changes to the weather, seasons, landscape, plants, wildlife and infrastructure, with important implications for public health. Atqasuk is a river 🛸 community, vulnerable to thawing of permafrost and erosion on the river bank and in tundra lakes. The community is also impacted by weather and vegetation on the land and concerned about how climate change will affect wild food resources. Many of the reported changes are unprecedented and residents are challenged to develop knowledge that will allow them to continue to sustain traditional practices. Climate change in Atgasuk raises new concerns about food and water security, safety and mental health related to the stress of adapting to a new climate and changing environment.

Figure 1. North Slope Borough.

This report includes observations, experience and knowledge shared by a wide range of local experts. Predictions and projections on future conditions such as climate, flooding, and erosion are based on available information and limited by the quality of current scientific data and the uncertainties inherent in models. Research and model development is ongoing in Alaska and new information will be available in the near future.

#### Atqasuk is a traditional Inupiaq community located on the west bank of the Meade River, 60 miles south of Barrow. Its location inland from the

Beaufort Sea gives its climate and environment characteristics of both the coastal and interior Arctic. The surrounding landscape is largely flat, except for some steep river banks, and treeless, characterized by tundra vegetation and dotted by lakes. The estimated population in Atqasuk is 248 people (DCCED, 2014). The Atqasuk area has a long history as a hunting and fishing ground for the Inupiaq people, with historical sod houses, ice cellars, and a gravesite testifying to this use. In World War II the area was mined for coal to be burned in Barrow and a small settlement was maintained under the name "Meade River" and had a post office from 1951 to 1957 (DCCED, 2014). The population did not grow significantly until the 1970s when an influx of people migrated to the village site from other communities across the North Slope, particularly Barrow. The village was incorporated with the name Atqasuk as a second-class city in 1982 (NSB 2014).



Homes along the Meade River in Atqasuk. Mike Brubaker, 2013

Atqasuk is an Inupiat community of about 240 residents located on the Meade River.



Figure 2. Google view of Atqasuk and region.

Subsistence activities are a major component of Atgasuk's economy and a range of species are hunted including caribou, polar bear, ptarmigan, ducks and geese. In the Meade River people catch grayling, burbot, salmon, and whitefish. Local harvestable berries near the village include salmonberries, cranberries, and blueberries (Mary Kay Bodfish). Citizens are employed at the school, clinic, in local government, local shops, and in the production of cultural arts and crafts (NSB, 2014). Atqasuk has a piped water system with nanofiltration treatment. There is also a central vacuum pump sewer system to collect waste water from many of the houses and facilities. The newest houses in town have septic tanks. The system was installed from 1999 and completed in 2002 and has been generally dependable, avoiding large scale issues of frozen lines and leaks. Frozen lines and back-ups most often occur in the small above ground vacuum stations which are easily accessed by maintenance workers (James Brower). Air travel provides the only year-round access to Atqasuk, and the North Slope Borough owns and operates the Edward Burnell Sr. Memorial Airport, which has a gravel runway. The roads are constructed from riverbank sand which allows for smoother grating than gravel, but is also more vulnerable to erosion. Residents use boats to fish on the ice free Meade River, and snowmachines and ATVs to travel over the frozen rivers, lakes, and tundra.

> "We got our summer birds a month early this year." Woodrow Oyagak

In 2010, 21% of Atqasuk adults and 38% of children had "good to excellent" general health. Of Atqasuk heads-of-households, 29% were physically active at least five days a week. Atqasuk is a "dry" village meaning that the sale, importation, and possession of alcohol is banned. Despite this, a large proportion of households (42%) felt that the community had "often" been hurt by drugs or alcohol, during the past year. Most adults (61%) smoked tobacco as did 15% of children between 14 and 18 years of age. The prevalence of breathing problems such as asthma or chronic cough among children was 7%. Food security is an issue in Atqasuk. A majority of households (59%) reported that they were not able to get enough healthy food to meet their needs. Thirty-four percent of households were unable to get enough subsistence foods which are nutritious and protective against the development of chronic disease. Twenty percent of households reported that at times they did not have enough food to eat.



The wind is almost constant on the tundra. Jake Bell, 2014.

"The wind this spring came in from the north which is unusual. It usually comes from a different direction." Sharon Aiken-File



Atqasuk. Wiki Commons, 2013.

"We've been having more high tides all summer on the river." Woodrow Oyagak

## Atqasuk is located within the Beaufort Coastal Plain, a treeless

region that covers the entire coastal zone bordering the Arctic Ocean. The region is characterized by year round cold, winds, permafrost and (for much of the year) proximity to sea ice. Seen from above the tundra appears as a pattern of geometric shapes formed by a repeated ground freeze and thaw. The vegetation is predominately tundra plants and small shrubs, but small willow trees are now beginning to appearing along the rivers.

Thousands of small and often shallow lakes provide habitat for waterfowl, and there are also shorebirds, song birds and snowy owls. Ravens are sometimes seen here and may be extending their range north into the region. The tundra lakes provide a source of community water for Atqasuk and for other North Slope communities. Seen from the air, the lakes form their own unique patterns. Like natural wind vanes they align with the prevailing wind direction, resembling honey comb or cut marble. Thawing and runoff causes erosion along slopes, riverbanks and bluffs. For the tundra lakes, thawing can change shorelines, in some cases growing larger with runoff, or becoming smaller as they drain and dry.



Spring wildflowers and the Meade River. Mike Brubaker, 2013.

The rivers on the coastal plain meander through tundra flatlands where flooding or erosion has opened new channels. They flow north towards the Arctic Ocean and serve as important conduits of ecosystem change. Thawing soil allows for shrubs and other plants with deep root systems to compete with the shallow rooted tundra plants. Shrubs also capture windblown snow in winter, better insulating and protecting their roots from frost. The rivers are rich with fish including Arctic char, Dolly Varden, grayling and a variety of white fish. Climate related challenges for fish include, early snowmelt, lower late season water levels and higher

"We used to go to the mouth of Niksiktugruk, now it is too shallow and we can't anymore." Ethel K. Burke temperatures. Turbidity and habitat change are also concerns as thaw-related bank erosion increases sediment deposits, and beveling as cut banks collapse and fill river beds. Sediments deposited from the banks are transferred downstream, making the river shallower and limiting travel by boat.

The sea ice becomes a virtual extension of the coastal plain in winter providing access for polar bears and men, to travel and hunt from the ice. Ice seals inhabit the coastal zone along with walrus. Bowhead, beluga and grey whale migrate along the coast in the spring and return south in the fall. Under the water, salmon, sheefish, crab and cod are present and fished at different



times of the year. King salmon and silver salmon are emerging as new species in the region, and gradually becoming appreciated as subsistence resources (Craig George). Atqasuk residents report sightings of new species; land mammals like lynx and coyotes, birds such as ravens and magpies and fish including pike (Mary Kay Bodfish, Lydia Nayukok, Molly Ahkivgak, Forrest Nayukok).

The coastal plain hosts huge herds of caribou in summer when they migrate towards the coast for calving, grazing and to seek relief from insects. Extreme weather and changes in the timing of seasons are climate-related factors that can impact caribou health and population as well as a variety of predators and scavengers including wolves, Arctic fox and grizzly bear. Red foxes are coming north and raising concerns about competition with smaller less aggressive Arctic foxes, and the spread of rabies. Climate related threats to caribou include wildfire and freezing rain events that can reduce forage areas, and higher air temperatures that can cause stress. Musk oxen face their own climate related threats, heat stress and coastal storm surge that can trap and drown entire herds. Small mammals in the region include lemmings, ground squirrels and voles. Low snow years such as the winter of 2014 can be hard on these ground dwellers, and animals that hunt them for prey. Along rivers the emergence of small trees invites new wildlife such as moose, porcupine and beaver.

Meade River and outskirts of Atqasuk. Mike Brubaker, 2013

"The river was so low, it was even hard to travel in our kayaks." Mary Ellen Young **A new Arctic - the climate is warmer than in the past.** The climate in Atqasuk is classified as "arctic" with cold dry winters and cool summers. Although located close to the Arctic Ocean, it has interior Arctic influence, registering warmer in summer and colder in winter compared to the coast (Doug Whiteman). Temperatures have historically ranged from -56 to +78 degrees Fahrenheit. Precipitation is generally light, averaging only about 5 inches annually as rain and about 22 inches as snowfall. The temperature has historically been below freezing 300 days each year. Despite low precipitation the land is covered with water - ice and snow in winter, lakes and wetlands in summer. This is because permafrost acts as a barrier and prevents water from dissipating into the ground. However in a changing climate the shallow permafrost is diminishing and the seasonal ground thaw zone grows with each year. In Atqasuk the subsistence activities have been altered by change in seasons; early berry flowers in the summer and delayed ice in the fall that interrupts fishing for burbot and other whitefish (Paul Bodfish Sr.).



At the National Weather Service station in Barrow, the average annual temperature has increased by 4.9 degrees Fahrenheit (1949-2012). The biggest increase has occurred during the winter, a n astonishing 7.3 degree increase compared with the (still large) increase of 3.2 degrees during the summer (Alaska Climate Research Center). Between 1958 and 1997 the average number of days in August that exceeded 39 degrees was about 1.2, while between

High summer temperatures are reducing water levels in the river. *Mike Brubaker, 2013.* 

"Three or four years ago it was really hot, over 100 degrees. But at least there were no bugs." Molly Ahkivgak 1998 and 2013 the number increased to 5.9 days. In 2003 there were twenty five days above the 39 degree mark (SNAP 2014).

Average monthly temperature and precipitation trend data is available for Atqasuk and the models compare temperatures between 1961 and 1990 with projected temperatures from 2010 to 2019. Between these periods the temperature has increased in every month except July where a slight decrease is indicated. However, the long-term projection over the next period (2040 -2049) is that average monthly temperatures will increases in every month including July and will continue to increase in every month through at least 2099 (see Figure 3). Through 2019, precipitation change is projected in most months. Precipitation levels are expected to remain constant in April, June September and November. Increasing precipitation is projected in every month except October. Over the long term, increases are projected in every month except May. See Figure 4 (SNAP 2014).

Too much rain can affect subsistence activities including berry harvest. High precipitation in the spring time can be a problem although berries benefit from rains later in the summer (Mary



Figure 3. Historic & Projected Average Monthly Temperature, Atqasuk, Alaska. UAF, Scenarios Network for Alaska & Arctic Planning, 2013.

"I got a brand new snowmachine for geese hunting. There was so little snow I only used it to open up my cabin." Herman Kignak Sr. Kay Bodfish). Residents report having to travel farther for good berries and berries suffering in quality due to the strange weather patterns (Lydia Nayukok; Della Ivanoff). Increased precipitation could bring more snow to the area, requiring increased activities related to snow management and removal. The lack of a snow fence in some areas of town has been implicated with stranding essential staff (health clinic; fire dept.) in their houses due to drifting snow (Lilly Itta).

The long-term projections are for continued warming and variations in the timing of freeze-up, break-up, and green-up. Increases in the frequency and intensity of extreme weather are also expected. Precipitation is expected to increase significantly in summer with lesser changes in other seasons. More rain is expected in the shoulder seasons with winter rain also occurring periodically. Arctic haze has been reported occurring in 'mild" temps between -20 and 200F. This is in contrast to the more traditional winter weather of cold temps and windy clear weather (Doug Whiteman). Benefits of a warmer milder arctic climate include a longer season for water travel, for gardening, for making community water, and for performing maintenance and construction.



Figure 4. Historic & Projected Average Monthly Precipitation, Atqasuk, Alaska. UAF, Scenarios Network for Alaska & Arctic Planning, 2013.

"We have had lightening twice this month. I took a photo." Molly Ahkivgak

Lightening strike near Atqasuk. Photo courtesy of Molly Ahkivgak. **Changes:** more lightning, less extreme cold, more extreme heat, more intense storms; **Impacts:** wildfire, thawing, erosion, loss of infrastructure; **Health effects:** respiratory (smoke) reduced cold injury, increased potential for heat injury, mental stress, injury; **Adaptations:** enhance disaster preparedness and planning.

### Going to extremes.

#### Atqasuk experiences a variety of extreme weather that can result in disasters.

High winds and snow can produce blizzards and wind chill of -75°F. Extreme cold (-40°F to -60°F) can cause ice fog that may last weeks at a time. Heavy snow can collapse roofs and rain storms or rapid thaw can result in flooding (NSB 2009). With climate change, the frequency of some types of weather such as extreme cold and ice jams may decrease. This section will consider two kinds of extreme weather likely to increase with climate change, thunderstorms and extreme precipitation.

Thunderstorms in Alaska generally last 20-30 minutes and do not usually produce severe weather. Sometimes however, pulse thunderstorms produce brief high winds, weak tornadoes and hail. Over the last decade Atqasuk residents have observed a funnel cloud and hail (Lydia Nayukok). These hailstorms are very rare and the size of the hail stones has been relatively small. A more common impact is lightening. Atqasuk resident's report that



Anaktuvuk Pass Wildfire. Ben Jones, 2007.

thunderstorms have been occurring more frequently, increasing the risk for wildfires and infrastructure damage. Four thunderstorms occurred the summer of 2004, striking a transformer and knocking out electricity and phone service for hours (NSB 2009).

The timing and amount of precipitation has also been changing, with more rain storms in recent years. Rain storms typically occur in mid to late summer. In 2013 rainfall occurred in amounts

"There was a tundra fire caused by the lightning strike. Between here and Wainwright." Paul Bodfish Sr. much higher than the historical average. An increase in unseasonable rain events has also been reported. In 2013, three instances of "rain-on-snow" occurred after the month of October (Doug Whiteman). In the spring of 2014 the thaw came early and rapidly and turned snow to "slop". Loaders moved the slop to temporary storage areas where it froze again, making more work for maintenance crews (Doug Whiteman). Rain storms and rapid thaw events can contribute to flooding. Runoff flooding is the most common in Atqasuk, usually after long or extreme rainfall events. Because the bed of the Meade River is considerably lower than the



A funnel cloud in Sand Point Alaska. Courtesy Dana Osterback, 2000.

community, there has been low concern for river flooding (NSB 2009)

Increased precipitation could also mean more snow and consequently increased resources and efforts dedicated to snow management and removal. Heavy snow, generally more than 12 inches of accumulation in less than 24 hours, can immobilize a community by bringing transportation to a halt. As Atqasuk experiences only 22 inches of annual average snowfall, heavy snow has not been considered a high risk. However the lack of a snow fence in some areas of town has been reported keeping essential community staff (health clinic; fire dept.) trapped at their houses due to drifting snow (Lilly Itta). Wind storms also occur frequently in Atqasuk with wind gusts reaching over 70 miles per hour. These contribute to snow drifts, and dangerous wind chill conditions. Residents report changes in recent years related to wind intensity and direction (Sharon Aiken-File).

**Discussion:** Some types of extreme weather may be increasing. These can cause loss of life, injury, mental stress and damage to infrastructure. Consideration of emerging threats is critical for adapting to climate change. Developing comprehensive hazard risk scenarios is helpful to understand potential threat levels. Developing living hazard plans that can be updated regularly is recommended. Also recommended is greater coordination between community and emergency planners to ensure that new infrastructure considers new understandings of projected climate conditions during the intended design life of the infrastructure.

"It gets real warm then thunderstorms. We have had funnel clouds close to town." Amelia Kanayurak Changes: thawing, erosion, wildfire, lake, river and vegetation change; Impacts: loss of land to erosion, shallow rivers, fewer lakes; Health effects: food and water insecurity, respiratory problems (smoke), travel safety; Adaptations: alternative water sources, fire management, local observer network.

## A fragile landscape.

#### For years residents in Atqasuk have been noticing changes to the landscape,

and the effect of warming on snow, ice, soil, vegetation and wildlife. In winter and historically through much of the year, the landscape has been frozen, and because of this, highly resilient to the forces of man and nature: development, pollution, extreme weather and erosion. But with warming the ice season has been decreasing and the year-round ice including sea ice and permafrost has been melting. Permafrost is ground that has remained frozen for two or more years. It is frozen remnants from ice ages past, so deep a freeze that in Barrow permafrost



Flowers on the tundra. Mike Brubaker, 2013.

"Usually we have to go to the foothills to see those kind of blueberries, now they are close to town."
Mary Kay Bodfish has been found 1,330 feet beneath the surface (NSB, 2009. Atqasuk like much of Arctic Alaska is in an area classified as having 'continuous permafrost' rather than discontinuous islands. Despite this the soil is vulnerable to both thawing and erosion. During development of Atqasuk in the 1970s, some community members attempting to build ice cellars, but soil conditions were not favorable, and many of these ice cellars failed when ceilings or walls collapsed (Molly Ahkivgak; Cora Simmonds). Warming has only contributed to the vulnerable soil conditions.

Warming temperatures have also resulted in changes to wildlife and vegetation. In summer, there has been unprecedented and rapid growth of plants, as well as changes where they are found. Blueberries are growing closer to town (Mary Kay Bodfish) and shrubs increasing in size (Della Ivanoff). Shrub growth has been associated with range expansion of porcupine, which are now occasionally seen near Atqasuk (Molly Ahkivgak). Beaver is another new arrival and residents should be aware of the hazards of drinking from water sources that may contain giardia. There are other new species; coyotes and lynx (Mary Kay Bodfish) and different types of birds. During winter, warming has resulted in rain events, and rapid thaw in spring is related with travel and subsistence challenges.



The lynx, Lynx Canadensis. is not typically found this far north in Alaska.

During the winter of 2013-2014 caribou at times were bunched up on the far side of the Meade River across from town, attempting to navigate a "crazy quilt" of mixed snow and ice formed by an unseasonable freeze/thaw cycle (Doug Whiteman).

Another important land change is the range of effects related to increased frequency of wildfires. Wildfire used to be rare around Atqasuk. Residents recall a wildfire during the summer of 1952 which came close to burning the power plant. But between 1950 and 2007, the number of wildfires increased significantly in Northern Alaska (Joly et al., 2009), the result of warmer and

"We're starting to see all kinds of things, coyotes and lynx." Mary Kay Bodfish drier summer conditions, more frequent lightning strikes, an increase in woody plants, and tinder dry conditions on the tundra (Duffy et al. 2005). A lightning storm caused a wildfire near Wainwright in the summer of 1993. The fire took two weeks to extinguish despite the combined efforts of local and state firefighters (NSB 2009). In 2007, the largest tundra fire on record occurred on the North Slope, burning over 240,000 acres in a single season.

**Discussion:** With warming the length of the fire season can be expected to grow, and local capacity for response, training and equipment should be adjusted appropriately. Respiratory problems will occur downwind of wildfires. With potential for new vectors for waterborne illness, clinical staff should be watchful for giardiasis in residents who use untreated water sources. Health educators can raise awareness about effective portable treatment equipment. A local observer program can help connect residents and local government with technical resources related to landscape changes and new wildlife and environmental impacts.



Tundra flowers and berry plants. Mike Brubaker, 2013.

"That year when the lakes dried, we got very few berries."
Lydia Nayukok



Patti Kanayurak ice fishing on the Meade River. Photo courtesy of Amelia Kanayurak.

"We are starting to get pike and other different types of fish." Forrest Nayukok **Changes:** early breakup, late freeze up, erosion, low water, tidal surge, rapid shrub growth, new species; **Impacts:** shorter ice travel season, thaw erosion, river travel access changes, new fish and wildlife; **Health effects:** potential for food and water insecurity, travel related hazards; **Adaptations:** participation in observer programs – LEO Network, River Watch, education of clinic staff.

## Wider, shallower, dirtier.

### The Meade River originates in the northern foothills of the Arctic Coastal

**Plain.** It runs 186 miles north past Atqasuk before turning east and continuing over 60 miles to the Beaufort Sea via the Dease Inlet. The river drains about 3800 square miles of land (Johnson and Kistner 1967). Atqasuk's location next to the Meade River provides direct access to subsistence activities as well as a travel corridor in boats in the summertime and on snowmachines in the winter. In the middle of the 20th century large ships used to navigate the Meade but in recent decades the river has gotten wider and shallower due to erosion (Doug Whiteman; Della Ivanoff, Lydia Nayukok, Ethel K. Burke, Mary Ellen Young). Drying of smaller river tributaries has been reported in the region raising concerns about fish migration and the loss of biological conductivity between lakes and streams. Measurements taken at the Meade River Coal Mine in June 1967 indicated that the river was 100 feet wide and 16 feet deep (Johnson and Kistner). The riverbed is lower than the community and resultantly there is no history of localized flooding.



A flat-bottomed skiff for shallow water travel. Mike Brubaker, 2013.

Atqasuk residents report a variety of climate-related changes on the Meade River, including ice conditions and the timing of break-up and freeze-up (Paul Bodfish Sr.). During a site visit in May 2014, the Meade River was beginning its break-up process, though there were still large ice jams mixed with the open

"We've been having more high tides on the river, all summer."
Woodrow Oyagak water. This break up was considered by most contacts as "early" compared to a historical break-up occurring in June or July (Mary Kay Bodfish, Forrest Nayukok). The National Weather Service River Forecast Center provides tracking of freeze up and break-up of many of Alaska's rivers through their River Watch program; but not the Meade. Formal tracking of river level and conditions would assist in understanding the impacts of climate change.



Another topic discussed during site visits was the increase in high tides that surge further up river (Woodrow Oyagak), which was also described in other communities. Hunters in Wainwright reported travelling farther last year on a high tide than ever in the past; up to 50 miles inland. Rising sea level from melting glaciers and polar ice caps is occurring and will result in greater ocean inundation inland and flood risk for coastal and low elevation areas of Alaska. It may also result in benefits such as increased inland access as tidal influence expands up the rivers. The higher tides may also be related to changing sea ice conditions, including increased wind fetch that pushes water further up river.

Methane gas seeps have been reported upriver of Atqasuk active enough to prevent river and lake ice from freezing (Paul Bodfish Sr.) Residents wonder whether the source is coal gas or instead methane produced from decomposition of material exposed by thawing permafrost. Traditional seep areas are well known but new sites can pose hazards for travelers crossing frozen rivers and lakes. Mapping of these areas is important for travel safety. More information is available from the UAF Geophysical Institute where researchers are mapping, measuring and studying the composition of methane gas released as a result of thawing permafrost.

The erosion season for Arctic rivers has historically occurred mostly in the spring, related to ice scouring, snow melt-off and bank slumping following thaw. Although ice scouring during breakup is decreasing in some rivers and in some years, the addition of permafrost thaw as a mechanism makes for a longer erosion season and results in episodes when large amounts of

The cracks go 20 feet deep off of the river. The whole hillside fell in the river and you could see how deep it was."

Paul Bodfish Sr.

Erosion is removing Atqasuk's river bank. Mike Brubaker, 2013. bank enter the river. The increased erosion effects sediment load, turbidity, fish habitat and makes the Meade both wider and shallower. Hunters have reported that erosion, the widening of the river and shallow conditions (perhaps caused by increased sediment) have in some instances prevented access to hunting grounds.

Residents report rapid growth of willows along the river. This too is an indicator of changing climate. The combination of softer and earlier break up can encourage the growth of vegetation. Scouring ice and ice jams shear off willows, and ice blocks, deposited on river banks by flooding, can delay plant growth by weeks. Softer break up with slush ice decreases scouring erosion and may encourage willow growth.

Willows in turn collect winter snow and provide insulation that prevents freeze up and encourages root growth. The emergence of porcupine in the area (Molly Ahkivgak) may be an indication of the changing river corridor environment, providing habitat for new species of mammals. In the past decade beaver has been reported in rivers near Point Hope and in Wainwright. This raises concerns about the safety of drinking water from traditional sources without water treatment as beavers can carry and transmit giardia, a serious waterborne disease.

There are new fish species arriving in the Meade. Residents report catching northern pike which are both a new subsistence resource and voracious predators (Forrest Nayukok, Paul Bodfish Sr.). Residents are concerned about the impacts on native fish species. River conditions including salinity, turbidity and temperature are other factors which are important for fish and may be changing.

**Discussion:** The changes occurring on the Meade River have important implications for safe travel, subsistence species survival, access to harvest areas, food security, and water safety related to emergence of species that can carry waterborne pathogens. Monitoring of local river conditions to develop adequate baselines is recommended, including timing of break-up and freeze-up, water level, temperature, turbidity, and other measures of river change. Installation of stream flow gauges and participation in River Watch programs such as with the National Weather Service can help, and local efforts to record and broadcast river conditions, low water, slide areas and poor ice condition are encouraged. Participation in the Local Environmental Observer (LEO) Network can help share observation about new events and connect managers with technical resources to address questions about environmental change. Clinical staff should be aware of potential for emergence of new types of environmental change related illness such as giardia.

"The Meade River is getting dryer and dryer. It get so low in the summer you can't go anywhere." Lydia Nayukok

Aerial view of the Meade River. Mike Brubaker, 2013.

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Changes: drying lakes, changing water quality, changing ice conditions;
Impacts: loss of habitat, hazardous travel conditions;
Health effects: potential for water quality change, injury related to travel hazards;
Adaptations: monitor lake conditions, baseline testing for algal blooms in community source water.

## A disappearing feature.

**The landscape around Atqasuk is characterized by thousands of small lakes.** The lakes align with prevailing wind direction and seen from the air they create an amazing pattern, colored by the different lake depths and dotted by huge flocks of migrating birds. Residents in Atqasuk use the extensive lake system for subsistence harvest of fish and waterfowl. A large lake provides the community water supply.

As a result of warming, changes are occurring to the appearance of the overall landscape and specifically to the tundra lakes. There are seasonal changes including the timing of break-up and freeze-up. There are changes in ice conditions in winter, and with the availability of water in summer. Changes in precipitation can affect lake water levels, especially snowpack. With less snow pack or a warm dry summer, the life of a shallow lakes can be shortened considerably, drying and in some cases disappearing entirely. This promotes a reduction in lake habitat and an increase in wetlands or grass habitat. Many Arctic bird species will be impacted by changes



A shrinking lake near Atqasuk. Mike Brubaker, 2013.

in lake conditions. An assessment into the climate vulnerability of Arctic birds found two species (Gyrfalcon, Common Eider) highly vulnerable, and eight other species (Brant, Steller's Eider, Pomarine Jaeger, Yellow-billed Loon, Buff-breasted Sandpiper, Red Phalarope, Western Sandpiper, Ruddy Turnstone), moderately vulnerable. Five species that are likely to benefit from climate change include the Savannah Sparrow, Lapland Longspur, White-crowned Sparrow, American Tree Sparrow, Common Redpoll (Liebzeit J, and Zack, S. 2011).

"We have had really dry years when the lakes went dry." Lydia Nayukok Community members have reported some benefits that may result from lake change. During a relatively dry two year period some lakes dried up and converted to grasslands. This provided improved across-land travelling conditions (Doug Whiteman). The UAF Geophysical Institute is generating computer models and maps of lake change in the North Slope region, including the area around Atqasuk. The models predict drying or draining of over 2000 lakes by the end of the century; over 200 of these lake could be dry



within the next ten years (Jones, B., Grosse, G., Jenkins, J.L., Martin, P.D. 2012).

Ice plates from receding river levels. Jake Bell, 2014.

Thawing and runoff causes erosion along slopes, riverbanks and bluffs. Erosion has been observed by hunters on many area lakes (Woodrow Oyagak). There has been some reported erosion along the south end of the water source lake (Molly Ahkivgak; Lilly Itta). Permafrost thaw also changes lake water catchment conditions resulting in the inflow of melt water which can increase lake size. Thawing and melting of permafrost beneath lakes can result in draining as the thaw zone beneath lakes increase.

Monitoring lake change is important for understanding impacts and for adaptation. Baseline sampling of the community water source in late summer may be appropriate to evaluate levels of cyanobacteria. Cyanobacteria are temperature sensitive and can occur with lake warming, even in the Arctic. They also produce toxins that can be harmful to waterfowl, fish and in extreme cases to people. As temperatures increase in Arctic lakes, monitoring water levels and water quality is recommended.

**Discussion:** The changes occurring in lakes on the North Slope have important implications for safe travel, access to subsistence areas and food security, and water safety related to emergence of species that can carry waterborne pathogens. Monitoring of lake conditions including timing of break-up and freeze-up, water level, temperature, turbidity, and other measures of change is recommended. Participation in the Local Environmental Observer (LEO) Network can help share observations about new events and better connect managers with technical resources to address questions about environmental change. Clinical staff should be aware of potential for new types of environmental change related illness such as giardia, and education should be provided to community members about options for water treatment from traditional water sources.

"I found myself wishing for the old days when you could trust the ice"

Doug Whiteman

**Changes:** harvest seasons, environmental conditions, wildlife health and behavior, species; **Impacts:** concerns over food safety, adaptation to climate change; **Health effects:** nutrition, mental health, food security; **Adaptations:** development of alternative practices to preserve subsistence activities.

### Leaving the ice behind.

#### Dependence on wild foods makes Atqasuk particularly vulnerable to climate

**change.** Atqasuk's access to marine resources is limited by the distance to the Beaufort Sea; over 60 miles on the Meade River just to reach Dease Inlet. The subsistence harvest depends largely on fish, birds and land mammals from the Meade River and surrounding areas. Fish is harvested in the greatest quantity and taken throughout the year. Arctic grayling is the most important species (Bacon et al. 2009). Burbot, rainbow smelt Arctic char, chum and king salmon and three species of white fish are also harvested.



Misik and Jared Bodfish of Atqasuk pick akpik berries. Photo courtesy of Amelia Kanayurak.

The most important land mammal is caribou, the only resource hunted in every month of the year. Seven other species of land mammals large and small are also harvested. For birds, the most important species is white fronted goose, eider duck and ptarmigan. Most of the bird harvest occurs in the spring. Salmon berries and blue berries are the most important wild plants. Small numbers of bearded seal are also harvested during the summer.

"The Akpik berries are very numerous, there is a cycle going on. Early spring and late freeze ups." Paul Bodfish Sr. The Alaska Department of Fish and Game's list of ten "at risk" species from climate change in the tundra ecosystem includes important subsistence species for Atgasuk caribou, musk ox and eider (Clark R. et al. 2010). Observations and local knowledge shared by residents are informative about some of the challenges faced for subsistence resources as well as subsistence harvesters. With extended hot summer temperatures, caribou work tirelessly to escape the heat and bugs, in some instances retreating to the runway in an attempt to catch a breath of wind (Doug Whiteman). Citizens reported fewer geese, an early arrival, and an earlier pairing off of the birds for mating; a behavior that usually signals the end of hunting. In 2014, the geese and ducks generally arrived in April instead of late May or early June (Woodrow Oyagak; Herman Kignak Sr). In the spring of 2014 hunters could not use snow machines to travel to hunting camps because of the lack of snow. Travel by ATV was also impossible, interrupting harvest activities (Herman Kignak Sr.). Potential positive climate impacts including blueberries in increasing amounts close to town. Historically it required a trip to the foothills of the



Canada goose with goslings. USGS.



Snow geese in flight. USGS.

"The geese come in little flocks, like twelve, they used to come in thousands." Woodrow Oyagak Brooks Range to find the berries in harvestable amounts (Mary Kay Bodfish). Also conversion of lakes to grasslands has improved travelling over the land (Doug Whiteman).

In a number of communities, hunters have reported caribou being absent in traditional hunting grounds or arriving during the fall rut, thus limiting animals available for harvest. The Northwest Arctic caribou herd is down about 27% since 2011. Moose population has also declined by 50 to 75 percent. Factors affecting moose and caribou include both climate and non-climate factors: decreased food resources, loss of forage areas to wildfire and winter thaw and rain events, seasonal change, poor nutrition and increasing predation. Emerging issues for land mammals may include ticks that are now being reported in central and southern Alaska (Kimberly Beckmen, ADFG).



An assortment of fish caught in winter nets. Mike Brubaker, 2013.

Climate change also has other impacts on subsistence. Late freezeup can delay ice fishing. Warmer waters can affect the timing of spawning, stream preference and fish health. An outbreak of fungus in white fish was documented near Nuigsut in 2013 and related to environmental conditions. Warm conditions can encourage new waterfowl illness such as avian cholera. Wild berries are very sensitive to temperature and precipitation.

"We catch tittaaliqs with a net and other whitefish. But if we get a late freeze up, we can miss the whole run." James Bodfish Sr.



Atqasuk is in the range of the Western Arctic caribou herd.

**Discussion:** In the new Arctic, subsistence resources will be joined or in some cases replaced by new and different species. Time of hunting will be altered and hunters will need to be flexible in order to accommodate current conditions, rather than historical seasons. Changes to the river and land conditions will require new methods of travel, and hunters will need to watch for new hazards and extreme weather. New practices will be necessary for food storage and for food preparation. Sustaining the subsistence lifestyle is central to Inupiaq identity, culture, health, and community sustainability.

"We see lesions on tuttu (caribou) hindlegs, no fur, and a lot of warble flies. It didn't look too good to me."

Flossie Kanayurak

**Changes:** flooding, erosion, permafrost thaw, subsidence; **Impacts:** pipeline failures, sinking foundations, jacking of lift stations; **Health effects:** loss of water, sanitation service, risk of injury from slips or waterborne illness; **Adaptations:** adaptive engineering and maintenance practices.

## Thawing and sinking foundations.

**Atqasuk has a piped water system with nanofiltration treatment.** There is also a central vacuum pump sewer system to collect waste water from many of the houses and facilities. The newest houses in town have septic tanks. The system was installed from 1999 and completed in 2002 and has been generally dependable, avoiding large scale issues of frozen lines and leaks. Frozen lines and back-ups most often occur in the small above ground vacuum stations which are easily accessed by maintenance workers (James Brower).

Thaw events thus far have not appeared to damage the water and sewer lines running underneath the road prism in Atqasuk (James Brower). The road prisms are constructed of fine



Foundations are impacted by permafrost thaw and heave. Jake Bell, 2014.

river silt that may be settling more evenly on top of thawing permafrost. However, junctions between the main lines and individual house connections have been observed tilting with permafrost thaw and may be susceptible to leaking as in other North Slope communities (Molly Ahkivgak). Freeze related jacking of connection boxes out of the ground has also occurred causing freeze up of water and sewer lines (Stephanie Kippi).

"We had the water and sewer connection boxes jacking out of the ground and causing freeze ups." Stephanie Kippi Ground failure related to permafrost thaw is a significant problem in Alaska and the fine river silt may be especially vulnerable. During development of Atqasuk in the 1970s, some community members attempted to build ice cellars, but soil conditions were not favorable, and many of these ice cellars failed when ceilings or walls collapsed (Molly Ahkivgak; Cora Simmonds).

Permafrost is frozen ground in which a naturally occurring temperature below 320 Fahrenheit (00 Centigrade) has existed for two or more years. Permafrost can be a strong foundation



The water line connecting lake and community storage tank. Mike Brubaker, 2013.

if it is kept in the frozen state, but if allowed to thaw, the soil becomes extremely weak and fails. Although Atqasuk is located in an area termed as a continuous permafrost zone, local residents report a settling in buildings which they feel is a result of a thawing of the upper portion of the permafrost in the summer. Warming has only contributed to the vulnerable soil conditions.

Water utility staff worry that changing precipitation, erosion, and runoff may present future pollution issues to the water source lake that sits immediately downslope of the village (James Brower). As the Meade River does not run through a developed area of Atqasuk, erosion does not currently threaten infrastructure. Local residents do report that the Northside Cemetery in Atqasuk could be threatened by erosion of the banks of the Meade River in the future (NSB 2009)

**Discussion:** Impacts to local water and sanitation system and home foundations indicate that some community infrastructure is vulnerable to changing permafrost conditions. The North Slope Borough is actively addressing these problems, fixing damaged infrastructure, applying new construction methods, and new practices such as aggressively removing snow during winter to encourage ground freeze. Regular monitoring of infrastructure for change, including foundations, along with subsurface monitoring of permafrost conditions, can help to evaluate how permafrost is performing and identify vulnerable areas.

"Higher temperatures could lead to melting of the permafrost upon which homes, power plants and fuel tanks farms are built." NSB All Hazards Mitigation Plan, 2009 **It is becoming warmer with an increase in average annual air temperature.** Temperatures have increased in every month of the year except July. More extreme warm days are expected.

**Precipitation levels have changed in most months.** The amount of precipitation has increased in seven months and decreased in only one. Long term projections are for increases in every month except May.

**Extreme weather is increasing, including thunderstorms.** Lightening and wildfires are also increasing with related risks: poor air quality, potential for infrastructure damage and loss of tundra plants.

**Warming has resulted in decreases in snow and ice.** This is affecting conditions for travel on rivers, and lakes. Poor ice conditions are preventing some types of subsistence activities.

**Erosion is causing loss of the shoreline and historical sites.** Ice cellars, burial grounds and homes have been lost. Recommend armoring the shore and protecting homes that would otherwise need to be relocated.

**The Meade River is becoming wider and shallower.** Shallow water has interrupted river travel and some subsistence activities.

**Higher water is increasing river access.** Residents report the ability to periodically travel further upriver, expanding and improving access to subsistence use areas.

**Lake change is occurring including draining and drying.** This decreases habitat for waterfowl and aquatic animals. It may also someday affect community water supply.

**Community members are concerned about food security.** Changes are affecting subsistence, including the abundance, availability, timing, and quality of food resources.

"The ice fishing is two months later. Now we have to start in November." Molly Ahkivgak **Climate models project continued rapid change.** Residents should expect that some plants and wildlife will be stressed during a period of rapid environmental change, but that beneficial new resources and opportunities could emerge.

**Change will bring new challenges including natural disasters.** As climate and environmental conditions are changing so also are the risks for disasters. Updating the next version of Atqasuk's all hazards mitigation plan is recommended to address climate change related threats.



School playground. Mike Brubaker, 2013.

"Two dry years caused lakes to turn to grasslands, which made for good travel." Doug Whiteman Public health considers climate change based on effects to mental health, injury, disease, food, and water safety and security. In Atqasuk, residents report rapid erosion along the river and in the town caused by warming temperatures and runoff. Potential health effects include risk of injury related to travel in shallow river conditions or on poor or unpredictable ice. With changing environmental conditions, subsistence harvesters are having to adapt. The season for ice and snow based hunting activities is decreasing, while water based hunting is growing.

This report raises awareness about current, emerging, and potential future climate change. It is hoped that this will help Atqasuk make informed planning decisions, find community appropriate development strategies, and pursue a safe, healthy, and sustainable future.

For more information, contact the Center for Climate and Health by e-mail at akaclimate@anthc.org or by phone (907) 729-2464.



River boats waiting for spring. Jake Bell, 2014.

It is hoped this report will help Atqasuk make informed decisions and find community appropriate adaptation strategies.

Торіс	Changes	Impacts	Health Effects	Adaptations
Climate	Increases in temperature, precipitation variability and extremes.	Travel disruptions, infrastructure damage, timing of seasons.	Supply shortages, accident and injury, mental stress.	Enhance systems for self-sufficiency and emergency preparedness.
Weather	More storms, extreme weather, and lightning.	Damage to infrastructure, travel challenges and disruptions.	Supply shortages, injury, poor air quality, mental stress.	Engineering for extremes, phased relocation.
Land	Rapid tree growth, new coastal wetlands, invasive plants and wildlife.	Loss of tundra to woodlands, loss of berry plant habitat.	Food security, potential for new or increased allergens, mental health.	Monitor changes (LEO); inform clinics on new environmental health concerns; manage invasive plants.
River	Erosion, low river level, higher tides, increased turbidity. Flooding. Shorter ice season.	Land and infrastructure loss, travel disruptions.	Travel accident & injury, loss of services.	Riverwatch, Bank protection, phased relocation.
Lake	Lake size change. Some lake draining and drying. Warmer temperatures. Methane seeps.	Travel route and condition changes. Safety concerns.	Travel accident & injury. Potential for future changes in community water supply.	Monitor lake conditions. Record and share trail conditions.
Subsistence	Changes in harvest season. Changes in timing of migration, conditions for travel and the health and abundance of subsistence resources.	Fish illness. Loss of food storage facilities. Poor harvest due to travel problems or changes in wildlife health or behavior.	Food security. Injury. Mental stress.	Monitor subsistence events (LEO), perform comprehensive harvest survey, and encourage healthy food.
Infrastructure	Warmer temperatures, erosion, flooding, lightening, wildfires.	Foundation failures, infrastructure loss, damage, service loss.	Loss or interruption of health critical services. Increase for injury or disease.	Monitor change, use adaptive engineering to address risks, align maintenance and repair schedules as appropriate.

Figure 5. Climate Change Health Assessment Findings, Atqasuk, Alaska

## **APPENDIX A**

#### **Community and Regional Contributors**

Anecdotal data was collected on observations and experiences from local experts in health, wildlife, weather, subsistence, education, sanitation, local governance, law enforcement, and emergency services.

	Name	Position	Association
1	Kate Aiken	Elder	NA
2	Sharon Aiken File	School Bus Driver	North Slope Borough
3	Molly Ahkivgak	Health Clinic Staff	North Slope Borough Health Dept.
4	Betsy Aveoganna	Resident	NA
5	Paul Bodfish Sr.	Equipment Operator	North Slope Borough Public Works Dept.
6	Mary Kay Bodfish	On Call VRR	Arctic Slope Regional Corporation
7	Richard Bordeaux	Wildlife Manager	North Slope Borough Wildlife Dept.
8	Ethel K. Burke	Home School Facilitator	North Slope Borough School District
9	Della Ivanoff	Resident	NA
10	Anne Jensen	Senior Scientist	Umiaq Science LCC
11	Martha G. Kagak	Elder	NA
12	Amelia Kanayurak	Resident	NA
13	Alicia Kanayurak	Resident	NA
14	Flossie Kanayurak	Resident	NA
15	Patricia Kanayurak	Resident	NA
16	Stephanie Kippi	Community Health Aide	NA
17	Wanda Kippi	Wildlife / Subsistence	NA
18	Mick Rhees	Police Officer	North Slope Borough
19	Cora Simmonds	Elder	NA
20	Lydia Nayukok	Health Clinic Staff	North Slope Borough
21	Roberta Simmonds	Resident	NA
22	Doug Whiteman	Mayor	City of Atqasuk
23	Mary Ellen Young	Senior Van Driver	North Slope Borough
24	Forrest Nayukok	Resident	NA

## **APPENDIX B**

### Atqasuk Climate and Health Web Resources

Торіс	Resource	Location
Climate / Health Study	Center for Climate and Health	www.anthc.org/chs/ces/climate/links.cfm
Community Profile	State of Alaska Community Database	www.commerce.state.ak.us/dca/commdb/CF_BLOCK. htm
Community Profile	NSB Atqasuk Community Profile	www.north-slope.org/assets/images/uploads/ AtqasukVillageProfile06.pdf
Regional Climate Data	Alaska Climate Research Center, UAF	climate.gi.alaska.edu/Climate/Location/TimeSeries/ KingSalmon.html
Temperature Charts	Scenario Network for Alaska Planning	www.snap.uaf.edu/charts.php
Precipitation Charts	Scenario Network for Alaska Planning	www.snap.uaf.edu/charts.php
Extreme precipitation	NOAA Atlas 12	hdsc.nws.noaa.gov/hdsc/pfds/pfds_map_ak.html
Weather Spotters	NWS Extreme Weather Spotter	www.weather.gov/skywarn/
Precipitation Monitor	Collaborative Snow, Rain, Hail Program	www.cocorahs.org/
Erosion Data	USACE Community Report, 2009	www.poa.usace.army.mil/AKE/Home.html
Flood Data	USACE Flood Hazard Database	66.223.166.160/usace_disclaimer.html
Coastal Observations	National Weather Service	www.nws.noaa.gov/om/coop/index.htm
Season Observations	USGS Phenology Network	www.usanpn.org/
Local Environment Observers	LEO Network - ANTHC	www.anthc.org/chs/ces/climate/leo/
Regional Health Profile	North Slope Borough	http://www.north-slope.org/our-communities/atqasuk
Regional Climate Studies	Landscape Conservation Cooperative	www.arcus.org/arctic-alaska-lcc
Harvest Summary Data	Alaska Department of Fish and Game	www.adfg.alaska.gov/sb/CSIS/ index.cfm?ADFG=commInfo. Summary&CommID=364&Year=1989

## **APPENDIX C**

### Acronyms

AACD	Alaska Association of Conservation Districts
ACCAP	Alaska Center for Climate Assessment and Policy
ACRC	Alaska Climate Research Center
ANTHC	Alaska Native Tribal Health Consortium
ADF&G	Alaska Department of Fish and Game
ADEC	Alaska Department of Environmental Conservation
САНМ	Climate and Health Measure
ССН	Center for Climate and Health
ССНА	Community Climate and Health Assessment
CCHRC	Cold Climate Housing Research Center
CDC	Centers for Disease Control
CIP	Capital Improvement Project
CSIS	Community Subsistence Information System
CVI	Climate Vulnerability Index
DHSS	Department of Health and Social Services
EIS	Environmental Impact Statement
EPA	Environmental Protection Agency
GIS	Geographic Information System
НІА	Health Impact Assessment
HVA	Hazard Vulnerability Assessment
IPCC	Intergovernmental Panel on Climate Change
LEO	Local Environmental Observer
NOAA	National Oceanographic and Atmospheric Administration
NPRA	National Petroleum Reserve - Alaska
NPS	National Park Service
NWS	National Weather Service
NSB	North Slope Borough
SNAP	Scenarios Network for Alaska & Arctic Planning
UAA	University of Alaska, Anchorage
UAF	University of Alaska, Fairbanks
UIC	Ukpeagvik Inupiat Corporation
USFWS	United States Fish & Wildlife Service
USG	U.S. Geological Service

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Looking into an abandoned ice cellar. Jake Bell, 2014.


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For more information please contact: Center for Climate and Health, Alaska Native Tribal Health Consortium: (907) 729-2464

Find this report and other information about climate and health at our website: www.anthc.org/chs/ces/climate/index.cfm

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