City of Wainwright

Declaration of Emergency Order #08-2021-C
COVID-19 Response and Recovery

WHEREAS, the spread of the respiratory disease COVID-19 has been designated a Public Health Emergency by the United States Centers for Disease Control and Prevention (CDC), the World Health Organization (WHO), the Governor of the State of Alaska and the North Slope Borough; and

WHEREAS, the State of Alaska issued the Imminent threat of an outbreak of COVID-19, the State of Alaska Department of Health and Human Services had issued Health Mandates and Health Alerts and the North Slope Borough had provided guidelines on its operations necessary to contain the spread of COVID-19 dated March 24, 2020; and

WHEREAS, the State of Alaska issued the Outbreak on December 10, 2020, the Commissioner of Department of Health and Social Services certified that an outbreak of COVID-19 occurred in Alaska as evidenced by the current significant and widespread community transmission of the virus, including significant positive testing rates, and record daily numbers of new cases; and

WHEREAS, the State of Alaska issued the COVID-19 Response and Recovery Health Advisory’s on February 14, 2021, that replaces the Health Orders and Health Alerts. This Response and Recovery plan begins the process of moving Alaska on the path to normalcy while still effectively managing the virus; and

WHEREAS, the City of Wainwright would strongly encourage the community and its residents to know that there are a few things the State of Alaska strongly advise all Alaskans do to minimize the risk of COVID-19: Wash your hands, wear a mask when around others, stay at least 6 feet away from others when possible, keep your interactions and circles small when possible, and even for mild symptoms get tested. At this time the State of Alaska does not order the general use of masks, limit group size, or business operations, but does encourage Alaskans to do their part to limit the spread of COVID-19; and

NOW THEREFORE, the Mayor and City Council of the City of Wainwright hereby issue this amended Declaration of Public Health Emergency in the City of Wainwright #08-21-C, effective from February 16, 2021, to support all statewide health advisories, and, pursuant to COVID-19 Response and Recovery Health Advisory No. 3 allowing local communities to enact limited travel and testing restrictions, hereby issues the Travel and Testing recommendations listed below necessary to contain the spread of COVID-19.

NOW THEREFORE BE IT FURTHER RESOLVED, the Mayor and City Council of the City of Wainwright hereby supports all Health Advisories issued by the State of Alaska Department of Health and Social Services, and authorizes the City to issue COVID-19 Response and Recovery Updates on Recommendations for Keeping Alaskans Safe, Critical Infrastructure and Travel and Testing relating to International, Interstate and Intrastate travel and other Health advisories issued by the State of Alaska.

Travel/Testing Requirements - Arriving in Wainwright by Land, Air or Sea from Communities Off or On the Road System

Under State of Alaska COVID-19 Response and Recovery, effective February 16, 2021, Local Communities may enact travel restrictions and protective measures to mitigate potential spread of the COVID-19 virus, but cannot prevent individuals for traveling for a Critical Personal Need, including Subsistence Activities, or the conduct of an Essential Service/Critical Infrastructure installation, maintenance or repair.

In response to the outbreak of COVID-19 cases in Wainwright, the City Council has issued the following strong recommendations covering ALL TRAVEL into Wainwright, whether it is from Off
the Road System or On the Road System, effective from February 16, 2021 until further notice. Please follow these recommendations, which are more stringent than the State’s requirements.

For ALL TRAVEL, whether you are traveling within the North Slope Borough, from other communities Off the Road System or from communities On the Road System:

1. **Take COVID-19 PCR Test when returning/coming to Wainwright:**
   a. **EITHER** Test outside of Wainwright before you come back to Wainwright:
      - Travelers are encouraged to take the COVID-19 PCR test available at the COVID Testing Station near the airport or Samuel Simmonds Memorial Hospital in Utqiagvik or in their other point of origin within 72 hours of arriving in Wainwright.
      - Travelers and ALL household members need to Self-Quarantine and follow social distancing measures until negative results are received.
   b. **OR** Test in Wainwright upon arriving in Wainwright if you have not tested before.
      - Travelers MUST take a COVID-19 PCR Test at the Health Clinic as soon as possible, during business hours, after arriving in Wainwright. Please call the Clinic to make an appointment.
      - Traveler and ALL household members need to Self-Quarantine and follow social distancing measures until negative results are received.

2. **Take Second COVID-19 PCR Test 7-10 days after your First Test.** Travelers are strongly encouraged to take a second test 7-10 days after their first test (the test that was taken either within 72 hours before or as soon as possible after their arrival in Wainwright), in order to capture the virus after a possible incubation period.

3. **If you do not want other members of your household to Self-Quarantine,** it is highly recommended that you make arrangements to have your family stay with other family members ahead of time, to avoid putting your household in quarantine too.

4. **If you do not wish to take a COVID-19 Test:** A traveler or resident who is returning to Wainwright, who does not wish to take a COVID-19 test, must minimize all contact while traveling and must Self-Quarantine for 14 days when they return to their declared destination of Wainwright. **EVERYONE** in the household must Self-Quarantine for 14 days also.

5. **Asymptomatic people who have recovered** from a documented SARS-CoV-2 infection within the past 90 days are exempt from travel testing. **Documentation must be provided.**

6. **Anyone who is currently infected with SARS-CoV-2 virus MUST NOT travel** until they are cleared from isolation by a medical professional. (COVID-19 Response and Recovery Health Advisory No.3)

7. **Fully Vaccinated travelers should follow pre-travel testing protocols, but do not need to follow strict social distancing while they are awaiting test results.**
   a. Fully vaccinated is defined as more than two weeks following receipt of the second dose in a two-dose series, or more than two weeks following receipt of one dose of a single-dose vaccine.

**Travelers are NOT ALLOWED in any public places while Self-Quarantining, until negative test results are received or Complete 14 day Self-Quarantine period if you choose not to take a COVID-19 test.**

If you have questions about the City’s response to COVID-19 please contact Office Manager Ronnie Morales at (907)925-2007 or at officemanager@cityofwainwright.com.

**EFFECTIVE** the 16th day of February, 2021. 

Raymond Nashookpuk, Mayor

Cheryl Patnik, City Clerk

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COVID-19 Response and Recovery

Update: COVID-19 Definitions:

The purpose of this is to provide clear meaning and understanding of commonly used terms relating to COVID-19.

a. Self-quarantine: i. Self-quarantine is recommended while waiting for the results of your first molecular-based test for SARS-CoV2.
   ii. Comply with all protocols related to your self-quarantine as set forth by hotel or lodging.

b. Strict Social Distancing:
   i. Strict social distancing is recommended while you wait for test results.
   ii. You can be in an outdoor public place, but you should remain six feet away from anyone not in your immediate household, and you should wear a face covering. You should arrange curbside shopping or have food delivery.
   iii. You should not enter restaurants, gyms, community centers, sporting facilities (i.e., ice rinks, gymnasiums, and sports domes), office buildings, and school. Do not participate in any group activities, including sporting events and practices, weddings, funerals, or other gatherings.

c. Self-Isolation Plan: Every non-resident traveler entering the state of Alaska should complete a Self-Isolation Plan within the Alaska Travel Portal. This allows travelers to consider their plan for what they will do if their test results return positive while in Alaska.

d. Alaska Resident: i. Accepted proof of Alaska residency for testing at airport:
   1. Alaska driver’s license or state-issued ID card.
   2. Federally-recognized Alaska tribal identification card.
   3. Active duty military ID card or active duty dependent ID card.
   4. Employment verification letter on employer letterhead or school verification letter for in-person schooling stating traveler is moving to Alaska for employment or school.
e. **Road System** is defined as any community connected by a road to the Steese, Elliot, Dalton, Seward, Parks, Klondike, Richardson, Sterling, Glenn, Haines, or Top of the World Highways.

f. **Alaska Marine Highway** is defined as any community served by the Alaska Marine Highway System or the Inter-Island Ferry System.
   
   1. All travelers on Alaska Marine Highway System vessels will follow the travel testing recommendations.

g. **Critical Personal Needs** is defined as those needs that are critical to meeting a person’s individual or family needs. Those needs include buying, selling, or delivering groceries and home goods; obtaining fuel for vehicles or residential needs; transporting family members for out-of-home care, essential health needs, or for purposes of child custody exchanges (to include child travelers); receiving essential health care; providing essential health care to a family member; obtaining other important goods; engaging in subsistence activities; pursuing formal (primary, secondary or collegiate) education or educational research; applying for a job; traveling for voting; and the inspection and maintenance of personal property.

d. **Critical Infrastructure Workforce**: is defined in the Cyber and Infrastructure Security Agency (CISA) “Guidance on the Essential Critical Infrastructure Workforce.”
   
   [https://www.cisa.gov/sites/default/files/publications/ECIW_4.0_Guidance_on_Essential_Critical_Infrastructure_Workers_Final3_508_0.pdf](https://www.cisa.gov/sites/default/files/publications/ECIW_4.0_Guidance_on_Essential_Critical_Infrastructure_Workers_Final3_508_0.pdf)

e. **Strict Social Distancing:**
   
   i. Strict social distancing is recommended while you wait for test results.

   ii. You may be in an outdoor public place, but you should remain six feet away from anyone not in your immediate household, and wear a face covering. You may arrange curbside shopping or have food delivery.

   iii. You should not enter restaurants, gyms, community centers, sporting facilities (i.e., ice rinks, gymnasiums, and sports domes), office buildings, and school or daycare facilities. You should not participate in any group activities, including sporting events and practices, weddings, funerals, or other gatherings.
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COVID-19 Response and Recovery

Update: Critical Infrastructure

The purpose of this Health Advisory for Critical Infrastructure is to provide clear guidance for Critical Infrastructure businesses operating in the State of Alaska, in order to protect communities and industries in which they serve.


2. Community/Workforce Protective Plans. All private sector Critical Infrastructure Businesses that have staff arriving from outside the State of Alaska, and/or staff traveling to or between communities off the road system or Alaska Marine Highway System, are strongly recommended to submit a Community/Workforce Protective Plan (CWPP) to the Alaska COVID-19 Unified Command.

   a. Detailed instructions for developing and submitting CWPPs can be found at: https://covid19.alaska.gov/unified-command/protective-plans/.

   b. The instructions for CWPPs, in conjunction with Health Advisories No. 2 and 3, establish the minimum standards for protective measures recommended by the State of Alaska. Employers are strongly encouraged to enact measures which meet or exceed these standards. Employers that choose not to enforce these standards are making the decision to accept additional risk to their workforce and the surrounding communities.

   c. Private sector businesses, which do not meet the travel definitions above, are also strongly encouraged to develop a CWPP using the posted instructions but are not recommended to submit those plans to the Unified Command.

   d. All Federal, State, local, and tribal government entities are expected to establish internal policies for travel, testing and quarantine, but they do not have to submit those policies to theUnified Command. Government agencies may elect to develop protective plans for contracted businesses to follow. If contracted companies have not been directed to follow a plan developed by the government agency that they are contracted with, they should develop and submit their own plan if they have workers arriving to the State or moving between Alaskan communities.

   e. School districts should continue to follow the guidance published by the Alaska Department of Education and Early Development (DEED) and submit any required protective plans to DEED at: AKsmartstart2020@alaska.gov.
City of Wainwright

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Update: Recommendations for Keeping Alaskans Safe

Containing the virus that causes COVID-19 cannot be done through community measures alone; We must take individual responsibility to protect ourselves, our loved ones, and our community. The primary ways to do this are:

- Wear a cloth face cover/mask in public and when around people outside your household.
- Practicing social distancing by avoiding close contact and minimizing time spent indoors with persons outside your household.
- Monitoring your health and staying at home when sick.
- Practicing good hygiene by frequently washing your hands and disinfecting ‘hightouch’ surfaces in your home and workplace.

**Wear a cloth face covering/mask:** Wearing a cloth face covering is strongly recommended for all Alaskans (2) years and older, other than those with breathing problems and those who cannot remove the covering without assistance. **Face coverings protect those around you, and also offer you some protection.**

- Make sure the face covering is made with two layers of fabric and covers nose and mouth.
- When removing the face covering, avoid touching the front of the face covering
- Wash hands immediately after removing the face covering and before touching anything else.
- Wash cloth face coverings in hot, soapy, water between every use.
- Be careful to avoid developing a false sense of security when using face coverings.

**Practice Social Distancing:** Avoid close contact with people who are not in your household

- Put at least six feet of distance between yourself and people who don’t live in your household.
- Remember that people infected with the virus, but do not have any symptoms, can spread the virus.
- Keeping distance from others is important for people who are at higher risk of getting very sick.
- Minimize time indoors with people outside your household even if you are a distance of six feet.
- Avoid all gatherings, even small ones, with persons who are not in your household.

**Monitor health and stay home if sick:**

- Be alert for symptoms. Watch for fever, cough, shortness of breath, muscle and body aches, new loss of taste or smell, and other symptoms of COVID-19. Take your temperature if symptoms develop.
- If you develop symptoms, stay home – even if symptoms are only mild.
  - Consider providing additional protections or more intensive care for household members over 65 or with underlying health conditions.
- Get tested as soon as symptoms start, and stay away from others until your test results are back.

**Practice good hygiene**

- Wash your hands often.
- Cover coughs and sneezes.
- Disinfect surfaces like doorknobs, tables, desks, and handrails regularly.
- Increase ventilation by opening windows when able.
- Use noncontact methods of greeting each other.
**Additional information:**

**If you test positive**
- If you test positive, you need to isolate away from others to keep them safe. “Isolate” is the term used in association with individuals who are sick with, or have tested positive for, the virus that causes COVID-19. Isolation means staying home all the time and keeping away from household members as much as possible. More information is available on the CDC and DHSS webpages.
- For most people with no, or mild, symptoms that are improving, isolation will be for ten days since your symptoms start, or if you never have any symptoms, ten days since you had your test. Consult with a healthcare provider or public health staff member if you have questions about how long you need to be in isolation.
  - You do not need to have a negative test to be cleared from isolation.
  - It is important for people who test positive to notify anyone they may have had contact with while infectious.
  - Information on what counts as a “contact” can be found on the CDC webpages.
  - If you test positive and are unable to isolate safely, or need resources during your isolation period, contact your local public center.

**If you have had close contact with a confirmed case**
If you have close contact with a confirmed case, you need to quarantine to keep others safe. “Quarantine” is the term used in association with individuals who have been exposed to someone with the virus that causes COVID-19. Quarantine means staying home all the time and keeping away from household members as much as possible. Information on when and how to quarantine is available on the CDC and DHSS webpages.
- The preferred quarantine period is currently 14 days from the last exposure to a known case, but may be able to be shorter under certain circumstances for contacts who do not develop symptoms. Briefly, those two options apply as follows:
  - (7) Seven-day quarantine with a molecular or antigen test <48 hours before the end of quarantine. Individuals must remain in quarantine until their test results are available.
  - (10) Ten-day quarantine.
- There is some risk of post-quarantine transmission associated with discontinuing quarantine before 14 days. Individuals should continue to monitor for symptoms for 14 days after last contact with a confirmed case.

**Testing Guidance**
- Anybody with symptoms of COVID-19 should be tested.
  - A positive test within 90 days of someone’s first infection can be difficult to interpret and needs to be discussed with a medical professional.
- Some people without symptoms should also be tested, including:
  - All close contacts of confirmed COVID-19 patients.
  - Health care workers in hospitals and congregate living settings.
  - Residents in congregate living settings (see DHSS guidance for specific groups) and other high-consequence settings (e.g., people coming into remote communities from areas where COVID-19 is circulating).
  - People who may be at increased risk for infection (discuss with medical professional).
  - Please note: People with a prior positive test in the past 90 days, should NOT be re-tested.
- More information can be found in the Alaska Section of Epidemiology’s testing guidance

**Travel Considerations** • Follow State of Alaska travel and CDC travel recommendations. • Assess the risks of travel including the mode of transportation and the level of spread of the virus in the location you will be visiting. • At-risk individuals and communities with limited health care infrastructure or high-risk populations should consider limiting all non-essential travel.